

## **2018 05 28 May 28<sup>th</sup> Maine Chapter Board AMTA Meeting**

**Call to Order** – 7:00pm. In Attendance: Anita DeVito, Louisa Abarno, Hedy Blauvelt, Christine Boudreau, Karen Vasil-Busch, Dale Albert, Kara Masters Siekman and Wendy Decker.

**Minutes were approved** from the last meeting via email.

A motion to approve the **Chapter Annual Meeting Date Policy** was made by Karen Vasil-Busch and seconded by Hedy Blauvelt. The motion was voted on and passed. The dates have now been established to be set at two Sundays before Easter each calendar year.

The **Chapter Registration Refund Policy** was discussed. If a registrant cancels one week or more before the event they may receive a full refund. If a registrant cancels within one week before the event, then they may receive a refund minus a \$15.00 non-refundable registration fee. The board will continue to take into account last-minute cancellations due to extraordinary circumstances and will make a refund decisions on a case-by-case basis, and may choose to refund the full amount. A motion was made to accept this policy by Karen Vasil-Busch, seconded by Louisa Abarno and the motion passed.

The next discussion was a question put to the board members by Anita DeVito, asking what each board member would like to accomplish during their respective terms. Anita stated that she plans to continue to organize the chapter standing rules and policies for the next board members and to encourage chapter members to volunteer to create community and advance the Maine Chapter. Hedy Blauvelt has volunteered to assist Sports Chairperson, Chele Fuller; Karen Vasil-Busch has volunteered to be the Chapter Librarian, and Louisa Abarno is working with Alex Rheault on membership. Jeannie Fuller is a delegate and doing special assignments.

### **National Convention Dates and Locations for 2018-2020**

2018 August 6-11, Washington DC  
2019 October 23-26, Indianapolis, IN  
2020 August 27-29, Phoenix, AZ

The **Policy for Chapter Travel Funds** given to Delegates and the President to attend the National Convention was discussed and set to be a minimum of \$1,500.00 per person for food, lodging and transportation and event registration. The board may choose to increase this amount based on the anticipated travel destination cost. This money is designated as a stipend, and any not spent money may be kept by the attendee to compensate them for loss of work revenue due to event attendance. One does need to present receipts for all except \$600.00 in order not to receive a W-9 at the year-end from the AMTA. The motion to pass this policy was made by Karen Vasil-Busch, seconded by Louisa Abarno and passed by unanimous vote.

**Update:** Dale Alpert will be attending this year's National Convention as a CVOP designee and National will reimburse some of her travel.

**AMTA 75<sup>th</sup> Anniversary:** discussion followed to honor the anniversary, by honoring past board members who have served. We are seeking a list of past BOD members from National. Each board member will write a short story about themselves or another massage therapist for our 75 stories "illuminating service" program.

### **Chapter Library**

Laura Holt has offered donations to start the library. She will be in contact with Karen. Karen will be setting up the library and creating distribution policy. We will endeavor to maintain a listings of materials on our chapter website.

### **Committee Reports:**

**Communications Committee:** Kara is asking for illuminating stories from LMT's for the newsletter, highlighting the 75<sup>th</sup> Anniversary of the AMTA.

Discussion of paid advertising for the newsletter. The first newsletter has gone out, and next one will be in the summer. We will contact Jennifer Polly to discuss this.

Anita has updated the Website and now has a manual. Certain FB policies were discussed and will continue to be refined.

FB Rules:

1. AMTA Members may post trainings and opportunities.
2. Please ask Admin. Permission.
3. Admin will post or respond to request.
4. Constructive suggestions and responses, please, as we strive to improve our Maine Chapter Communications.

**Membership** Alex worked with Kara to help with edits and contribute to the newsletter. Alex and Louisa will make sure the newsletter will continue to include member profiles, information of interest, and more! They will be collecting and vetting ideas, themes, etc.

Alex is preparing to write an article on how modalities and techniques must be called upon as treatment necessitates in an informed way rather than as a menu clients might ask for simply based on trends or assumptions (deep tissue, cupping as examples). We must explain more thoroughly to clients how we use and apply techniques.

Alex is also starting a blog on her craniosacral education journey this month.

**Sports Committee:** Chele has many new ideas for renewing and expanding the Sports Massage Team and has already signed up for LMT Sports team to be at the Maine Marathon.

It was suggested by Education chair, Dale Alpert that there be at least one sport's massage certification training available at the Annual Meetings.

### **Education Committee**

Report from Dale Alpert on the progress of events and what she needs help with. The October retreat is the next event. Topics were discussed. Because the Chapter is no longer giving out the CEUs and the presenters need time to prepare, registration for the retreat will end 1 week prior to the event. Mary Craven will be the registrar for that event and will be learning how to use regonline.

Dates approved for the next two Annual Meetings, April 7, 2019 and March 29, 2020. Venue search for a central location is in process.

Karen suggested a presenter for next year's Annual Meeting. Anthony Guglielmo. She had the pleasure of working with him for four days, this last August, at Bancroft School in Worcester, MA. He taught **massage for better breathing**, a seven-hour class that was fantastic. He has other offerings too. **(PNF stretching, Massage for Lumbar Sciatic and Psoas, Massage for Migraines. I have his contact info if you are interested.** "I am suggesting him because I could use his teaching immediately without additional training so it was very practical."

Karen would like us to offer self-development classes at the retreats, meaning meditation, yoga, or even a drawing class. We have been offering morning yoga, but I think she means training. (ex yoga for back pain) The "Artists Way" is a great class to have a series on and something the membership committee could set up as local groups. (it is 6 or 8 weeks)

### **Scholarship Policy** for the Retreat was reviewed:

- There is one scholarship for a professional member and one for a student.
- Applicants will write an essay on why they wish to attend the retreat or on another topic the board chooses.
- Winners are required to write up a report of their retreat experience for the newsletter.
- Winners are required to volunteer for at least one year on a committee.

The motion to approve this into policy was made by Hedy Blauvelt and seconded by Karen Vasil-Busch, voted by all board members present and was approved.

We will disseminate information to the members so that they can apply. It was in the newsletter and we can send an email just on this.

**Surveys** a discussion on whether or not to continue with Monkey Survey or let it go as more money would be needed to review the remaining surveys. It was felt at this

time not to pay for more survey information, as it has been analyzed and concluded that chapter members want more CEU training than anything else.

**Government Relations** – Heather Laliberte Grandmaison was approved as the committee chair with a motion by Hedy Blauvelt and seconded by Karen Vasil-Busch, then approved.

The grant for the lobbyist was up in July and further grants request had to be in by May 1<sup>st</sup>. We are not allowed to prepay the lobbyist.

A meeting was held by GRC on May 19<sup>th</sup> and Wendy Decker reported on the deliberations.

The GRC is organizing what they wish to accomplish this year. There are many thoughts including adding “health care provider” and other wording to the massage therapy description. They are discussing the benefits of moving massage therapy to the Complementary Health Care Providers Board.

Wendy will be meeting with the Lobbyist, Bob Howe, to discuss issues. The minutes from their meetings will be posted on the website.

**Purchase of new computers** for Board Members was discussed and Hedy Blauvelt made a motion to approved amount the of \$1,100.00 for the purchase of two new computers, seconded by Karen Vasil-Busch, the motion was passed. (The chapters previous computers were wiped clean and recycled)

**Property List** inventory was reviewed. President wishes to make an official list for chapter policy.

- Projector held by Anita
- Banner that the Sports Team uses.
- CEU stamp that Dale has.
- Banner used by the Education Committee
- In the future will have our library materials.

**No further business followed.**

This meeting we used Gotomeeting. Due to technical issues, echos, and some members not able to login, we will use Zoom for the next meeting.

**Date for next Board meeting set for Monday, June 25<sup>th</sup> at 7:00pm.**

**Call for a motion to adjourn** by Anita DeVito, motion made by Hedy and seconded by Karen Vasil-Busch

The meeting was adjourned at 8:47pm

Respectfully Submitted, Karen Vasil-Busch, Secretary